## FIRST FRIDAY APRIL 3, 2020

# HOLY HOUR WITH THE EXPOSITION OF THE BLESSED SACRAMENT

## Cathedral of Mary of the Assumption Most Reverend Robert D. Gruss



O saving Victim, who opens the gate of heaven, war rages round us; give strength, bring help. To the Lord — three and one — be glory for ever; and may he give us life without end in our home above.

## **ADORATION**

It is important to remember that the Eucharist is the "Real Presence" of Jesus Christ.

## LITANY OF SUPPLICATION

## We adore you, O Lord

True God and true man, truly present in this holy Sacrament.We adore you, O LordOur Savior, God with us, faithful and rich in mercy

We adore you, O Lord

King and Lord of creation and of history We adore you, O Lord

Conqueror of sin and death We adore you, O Lord Friend of humankind, the Risen One, the Living One who sits at the right hand of the Father. **We adore you, O Lord** 

# We believe in you, O Lord

Only begotten Son of the Father, descended from heaven for our salvation **We believe in you, O Lord** 

Heavenly physician, who bows down over our misery We believe in you, O Lord

Lamb who was slain, who offer yourself to rescue us from evil We believe in you, O Lord

Good Shepherd, who give your life for the flock which you love We believe in you, O Lord

Living bread and medicine for immortality, who give us eternal life We believe in you, O Lord

# Deliver us, O Lord

From the power of Satan and the seductions of the world **Deliver us, O Lord** 

From the pride and presumption of being able to do anything without you **Deliver us, O Lord** 

From the deceptions of fear and anxiety **Deliver us, O Lord** 

From unbelief and desperation **Deliver us, O Lord** 

From hardness of heart and the incapacity to love **Deliver us, O Lord** 

## Save us, O Lord

From every evil that afflicts humanity
Save us, O Lord
From hunger, from famine and from egoism
Save us, O Lord

From illnesses, epidemics and the fear of our brothers and sisters Save us, O Lord

From devastating madness, from ruthless interests and from violence **Save us, O Lord** 

From being deceived, from false information and the manipulation of consciences **Save us, O Lord** 

## Comfort us, O Lord

Protect your Church which crosses the desert Comfort us, O Lord
Protect humanity terrified by fear and anguish Comfort us, O Lord
Protect the sick and the dying, oppressed by loneliness Comfort us, O Lord
Protect doctors and healthcare providers exhausted by the difficulties they are facing Comfort us, O Lord
Protect politicians and decision makers who bear the weight of having to make decisions Comfort us, O Lord

## Grant us your Spirit, O Lord

In the hour of trial and from confusion Grant us your Spirit, O Lord

In temptation and in our fragility Grant us your Spirit, O Lord

In the battle against evil and sin Grant us your Spirit, O Lord

In the search for what is truly good and true joy Grant us your Spirit, O Lord

In the decision to remain in you and in your friendship Grant us your Spirit, O Lord

## Open us to hope, O Lord

Should sin oppress us **Open us to hope, O Lord** Should hatred close our hearts **Open us to hope, O Lord** Should sorrow visit us **Open us to hope, O Lord** Should indifference cause us anguish **Open us to hope, O Lord** Should death overwhelm us **Open us to hope, O Lord** 



# **BENEDICTION**

After a period of meditation and reflection Bishop will go to the altar, genuflect, and kneel.

Bishop: You have given them Bread from heaven

ALL: Having all sweetness within

**Bishop:** O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with the Father, in the unity of the Holy Spirit, one God, for ever and ever.

ALL: Amen.

The Bishop will then bless all present and the Diocese of Saginaw with the Eucharist.

#### **REPOSITION**

The Blessed Sacrament is placed in the tabernacle.

#### THE DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints. Amen.

#### Holy God, We Praise Thy Name

TRINITY

Words: attr. Ignaz Franz, 1774. Translated by Clarence A. Walworth, 1858. Music: 'Te Deum' or 'Hursley' or 'Grosser Gott, wir Loben Dich' from Katholisches Gesangbuch, Maria Theresa, 1774. Setting: "Hymns Ancient and Modern", 1869, alt. copyright: public domain. This score is a part of the Open Hymnal Project, 2005 Revision.

